

JOIN A SPORT IN HERNING



Herning Sports Council is here to help you finding the suitable sport for you in your spare time.

People are usually organized in clubs or "foreninger" as we call them. There are various sports and levels within each sport – you just need to find the right one for you – being child, teen, adult or senior. You can participate in individual sports as well as team sports. Common for both is that community is of great matter in the different clubs.

The clubs are usually run by volunteers from the floor to the board, which is why you will find a great diversity among the communities in the clubs. You can also join as a volunteer in a local club – as a helping hand, coach or developing the club in the board.

You might also find self organized groups who often communicate their activities in Facebook groups.

www.activeherning.dk



AKTIVHERNING



DYRK IDRÆT I HERNING



Herning Idrætsråd vil gerne hjælpe dig med at finde den rette fritidsaktivitet for dig.

Der eksisterer mange forskellige foreninger i Herning Kommune. Alle har forskellige idrætsgrene og niveauer, som du kan starte på – det er blot vigtigt at finde det rette for dig uanset, om du er barn, teenager, voksen eller senior. Du kan deltage i individuelle idrætter og holdsport. Fælles er, at der eksisterer mange gode fællesskaber, som er vigtige for dig og foreningerne.

Foreningerne er drevet af frivillige i mange funktioner fra gulvet til bestyrelserne, hvorfor du også vil finde en stor mangfoldighed. Der er brug for frivillige, og du kan selv blive frivillig som en hjælpende hånd, træner eller i bestyrelsen med fokus på udvikling af klubben.

Der eksisterer også selvorganiserede grupper, som ofte arrangerer deres aktiviteter i Facebookgrupper.

www.aktiv herning.dk



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